



This tool is to help your care team see how they can help you learn more about your Cystic Fibrosis (CF).

Name: _____

Please read each answer carefully before choosing the **one** answer you think is **best**. If you don't know an answer, no big deal. Just leave it blank and move on to the next question.

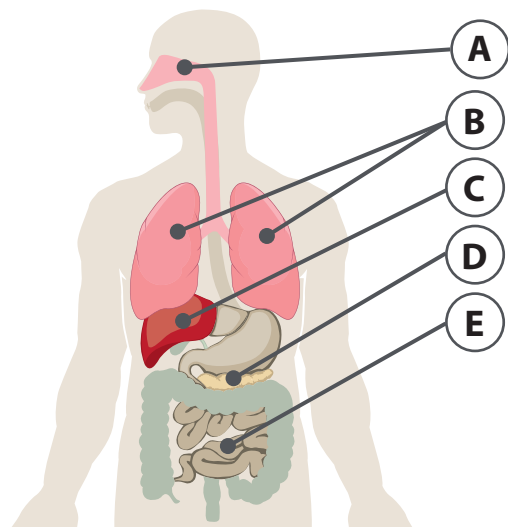
Date: _____

CF & YOUR BODY

1 Match the item on the left to the part of the body it is related to:

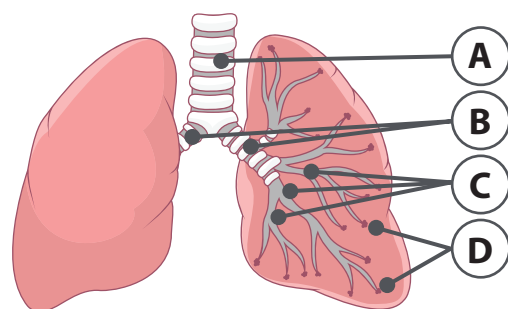
- | | | |
|---|-----------------------|-------------------------------|
| a. Pancreatic enzymes | <input type="radio"/> | Stomach and intestines |
| b. Vitamins (A, D, E, & K) | <input type="radio"/> | Lungs |
| c. Salt | <input type="radio"/> | Eyes, cells, bones, and liver |
| d. Bronchodilators, mucolytics, inhaled antibiotics | <input type="radio"/> | Sweat glands |

2 CF may cause changes in the body parts listed below. Match each body part to a letter on the diagram:



- | | | |
|-----------------------|----------|---|
| <input type="radio"/> | A | Pancreas – releases enzymes to help digestion |
| <input type="radio"/> | B | Sinuses – air-filled spaces |
| <input type="radio"/> | C | Intestines – process and absorb nutrients from food |
| <input type="radio"/> | D | Liver – cleans toxins from the body |
| <input type="radio"/> | E | Lungs – help you breathe |

3 Match each part of the lung to the letter in the diagram:



- | | | |
|-----------------------|----------|---|
| <input type="radio"/> | A | Bronchus – an airway in your lungs |
| <input type="radio"/> | B | Bronchioles – tubes that transport air in and out |
| <input type="radio"/> | C | Alveoli – ends of the bronchioles, where oxygen is taken from the blood vessels |
| <input type="radio"/> | D | Trachea – another name for your windpipe |